

After leaving THE CONTAMINATED AREA

Remove the N95

- Follow the steps for the removal of the personal protective equipment, as recommended by your organization.
- Avoid touching the N95 filter.
- Pull the **bottom** elastic band over the head.
- Pull the **top** elastic band over the head.
- Discard in the garbage.



MODEL(S) TYPE OF N95 FOR WHICH I HAVE PASSED THE FIT TEST WITH SUCCESS:

Model	Date

CONTACTS

Name	Tel.

ASSTAS



ensemble en prévention

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RESPIRATORY PROTECTION

QUICK REVIEW OF THE KEY STEPS IN USING THE RESPIRATORY PROTECTIVE EQUIPMENT

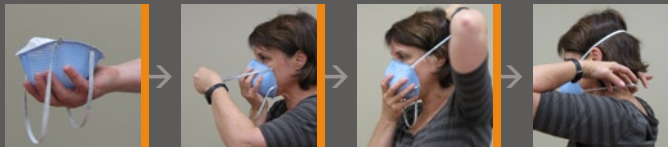
N95



Before entering A CONTAMINATED AREA

Hold the N95

- Hold the N95 in **the palm of your hand**. Leave the elastic bands dangling (for the cup shape model).
- Hold the N95 below the chin and place it on your nose bridge.
- Pull the **top** elastic band and release at the middle of your head.
- Pull the **bottom** elastic band over the head and rest in middle of the neck, under the ears and under all hair.
- The elastic bands must not cross nor twist. **Never shorten** the elastic bands by pulling through the staples.



- Note: if there is a metallic strip on the nose bridge, place the index and the middle finger of both hands on top of it. Press flexible metallic strip to your nose bridge.

1

NEGATIVE

Fit check

- Place both hands on the N95 without applying pressure.
- Inhale deeply over a few seconds to create a void space.
- If done correctly and the seal is good, breathing inside the mask should draw it slightly in toward the face.
- If not, reposition the N95 and repeat the steps. If necessary, take several deep breaths.

2

POSITIVE

Fit check

To be done after the negative Fit check

- Gently blow inside the N95.
- If the seal is good, the N95 should bulge slightly. If not, air is leaking out.
- Therefore reposition the N95 and repeat the steps. If necessary, blow several times.

If the end results of these two tests are not successful, do not enter in an area where a N95 is mandatory and immediately advise your supervisor of the situation.